



2008 - 2009 Basketball Practice Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday
JV Girls	3:00 - 5:00		3:00 - 5:00		3:00 - 5:00 Split
Varsity Girls	5:00 - 7:00		5:00 - 7:00	5:00 - 7:00 Split	
JV Boys		5:00 - 7:00		5:00 - 7:00 Split	5:00 - 7:00
Varsity Boys		3:00 - 5:00		3:00 - 5:00	3:00 - 5:00 Split
Sac Fury / C B		7:00 - 9:00	7:00 - 9:00	7:00 - 9:00	